
No To *PALANTIR* In The NHS

Oppose *Palantir* and the government's joint abuse of people's data, as well as demanding the right to privacy of patient and other data where only patients can decide. *Palantir* is fully American-owned, and there is no guarantee that patient data will remain within the UK, making it difficult to enforce data protection standards. *Palantir* has been linked to human rights violations, including supplying tools to ICE in the US and the Israeli military, which raises huge ethical concerns about its role in public healthcare. The campaign focuses on *Palantir* but there are others in the health system, including but not limited to big tech companies IT companies like *Oracle* and *Infosy*. We support the campaign to cancel the contract with *Palantir* by exercising the upcoming break clause in February 2027. Also, patients have certain rights to opt-out their patient data (see below). Sign Petitions: Add your name to petitions on 38 Degrees, Action Network, Change.org, Foxglove, and Amnesty International UK among others.

YOUR NHS DATA: HOW TO OPT OUT - *A guide for patients in England*

1. Your Rights

You have the right to **opt out of some uses** of your confidential NHS data.

You **cannot** opt out of data used for your **direct care**, but you *can* opt out of **National confidential data being used for research and planning**.

What it does NOT stop. Direct care, Data required by law and National systems such as the Single Patient Record or Federated Data Platform

2. How to set your National Confidential Data Opt-Out (NDOO)

Online (fastest)

Before you start you must: be aged 13 or older (it explains parents can make choices for under 13s) and have access to your email or mobile phone have your NHS number, or your postcode registered with your GP surgery.

In NHS App select *profile*, select *Health choices*, select *Health data sharing decision* and then select *make your choice*. Then follow 5 and 6.

On a computer or tablet

1. Find your NHS number and date of birth.
2. On the internet search: “NHS National Data Opt-Out”.
3. This is: <https://www.nhs.uk/your-nhs-data-matters/>
4. Select “make your choice”
5. Once you complete the registration it will ask the question, “**I allow my confidential patient information to be used for research and planning**”: Select **NO**
6. It will say “**Your choice has been saved We have updated your preference to: Your confidential patient information will not be shared for research and planning.**”

We have sent you a confirmation by text. You can change your preference at any time using this service.

By phone

Call **0300 303 5678**.

By post

Request a paper form via the same number or from your GP practice.

3. TYPE 1 OPT-OUT (GP-LEVEL)

Stops some GP data extractions search **Type 1 Opt-Out form**

This is: <https://www.nhs.uk/using-the-nhs/about-the-nhs/opt-out-of-sharing-your-health-records/>

1. Download a Type 1 Opt-out form.(search online).
2. Fill it in.
3. Give it to your GP practice.
4. Ask for confirmation that the dissent code has been added.

4. LOCAL OPT-OUTS

You may also opt out of:

- Summary Care Record (SCR)
- Local Shared Care Records
- Regional data-sharing schemes

These do **not** block national systems but reduce unnecessary sharing.

How to set them

Ask your GP practice: “Please record dissent for any data-sharing scheme not required for my direct care.” Request written confirmation.

5. HELPING OTHERS OPT OUT

You can assist family, neighbours, or vulnerable people: Help them find their NHS number, Help them log in to the NDOO website. Call **0300 303 5678** with them. Print and submit Type 1 forms (with their signature)

6. KEEPING RECORDS

For every opt-out: Keep a screenshot or photo. Note the date. Keep GP confirmations